



*Well & Able Care*

EMPOWERING INDEPENDENCE



**Children Services**  
**Ofstead Approved**

[www.wellandablecare.com](http://www.wellandablecare.com)



# Our Approach to Children Care

Our approach is centred around understanding each child's unique needs and providing a nurturing environment that fosters trust, safety, and emotional well-being. We believe that a strong foundation of care is essential for helping children overcome their past experiences and build a brighter future.



## SECURE RELATIONSHIPS

Building trust is essential for children who have experienced trauma. Our key workers are the cornerstone of this process:

- Establishing safe, trusting relationships from day one
- Providing consistent support throughout placement and beyond



## NURTURING ENVIRONMENT

We create warm, emotionally supportive homes where children feel safe and valued:

- Personalised bedrooms for comfort and self-expression
- Family-like touches such as school photos and shared living spaces
- Regular mealtimes and activities to foster connection



## STRUCTURE AND SUPPORT

Our structured approach helps children feel secure and understood:

- Clear routines and boundaries to meet emotional needs
- Regular meetings to track progress and address concerns
- In-house therapy team providing expert guidance and supervision



## PROFESSIONAL APPROACH

Our dedicated team is passionate about fostering resilience and growth:

- Committed staff who see their role as a vocation
- Ongoing training in our relational model of care
- Focus on helping children not just survive, but thrive



# Specialised Care Services



## TRAUMA-INFORMED CARE

We understand the impact of trauma and use proven therapeutic approaches:

- Extensive experience with trauma, autism, and learning disabilities
- Staff trained in attachment-informed, psychodynamic care
- Regular mentalisation to respond effectively to each child's needs



## THERAPEUTIC SERVICE

We offer tailored support to meet each child's unique requirements:

- Multi-disciplinary assessment and treatment team
- Holistic needs assessments and individualised interventions
- Additional services including psychotherapy and play therapy



# How to Make a Referral

We work closely with local authorities and social workers to ensure the best fit for each child:

1.

Contact us via phone, email, or our online form

2.

We will gather comprehensive information about the child's needs

3.

Our team conducts matching and impact assessments

4.

We arrange visits for the child to see their potential new home



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**Ready to help a child build their future?  
Get in touch today:**

## Well & Able Care

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