



Well & Able Care

EMPOWERING INDEPENDENCE



**Domiciliary Care Services
-CQC Registered-**

www.wellandablecare.com





At Well and Able, we provide compassionate and professional domiciliary care services tailored to meet the unique needs of our clients across the UK.

Our dedicated team of carers is committed to helping individuals maintain their independence and quality of life in the comfort of their own homes.

Who is domiciliary care for?

If you or elderly loved one are reaching the stage of life where you'd benefit from a bit of extra support but you don't wish to sacrifice your independence and your home comforts, domiciliary care could be perfect for you.

Our carers can help you to live with age-related frailties and provide fully tailored elderly support around the home, allowing you to continue living your best life.

Domiciliary care can be beneficial to people of all ages and with a wide range of circumstances and conditions.

Our Unique Approach



Personalised support

Our domiciliary care allows you to enjoy a personalised care plan that ensures you're always getting the right support for your needs and wishes.



A holistic approach

Our holistic approach means no stone is left unturned in your care plan, so you'll get the emotional, practical and physical support you need.



Spend more time with loved ones

You'll be able to choose when your family and friends visit, and your carer can assist with hosting duties – including getting your home spick and span.



One-to-one care

Care at home gives you the opportunity to receive personal one-to-one support from your own carer, meaning you'll always have their full attention.



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Our Services

We offer a comprehensive range of domiciliary care services, including:

At Well and Able, our carers are expertly trained to provide a wide range of bespoke care services to people with varying levels of needs – no matter how straightforward or complex they may be. We offer a comprehensive range of domiciliary care services, including:

Personal Care

- Assistance with bathing, dressing, and grooming
- Medication management and reminders
- Mobility support and fall prevention

Household Support

- Light housekeeping and laundry
- Meal planning and preparation
- Shopping and errands

Companionship

- Engaging conversations and social interaction
- Accompaniment to appointments and social events
- Support for hobbies and interests

Specialised Care

- Dementia and Alzheimer's care
- Post-hospital recovery support
- Palliative and end-of-life care
- Personal care
- Respite care
- Bowel Management
- Live-in care
- Catheterization Management
- Cancer care
- Peg feeding
- Parkinson's care
- Disability care





Why choose domiciliary care over a care home?

At Well & Able, the reason we're home care specialists is because we passionately believe that home is the best place in which to receive care. There are numerous advantages to care at home over residential care, such as:

- You can remain in the comfort of your own home
- You have full control over your meal times and preferences
- One-to-one, 24-hour care from your own dedicated carer
- You can continue with your preferred lifestyle and routines
- Your friends and family can visit as much as they like
- Call us to find out more about domiciliary care

Why Choose Well and Able?

Our bespoke care plans are one of the many reasons why we're the nation's favourite for home care. With one-to-one personal attention, from 30 minutes a week and up to several visits a day or overnight support, our visiting care plans are completely built around you. You can even opt to have a live-in carer living with you at home to provide 24-hour care.



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Personalised Care Plans

We develop bespoke care plans tailored to each client's specific needs, preferences, and goals.



Highly Trained Carers

Our carers undergo rigorous training and are fully qualified to provide exceptional care.



Flexible Scheduling

We offer care services ranging from a few hours a week to round-the-clock support, adapting to your changing needs.



Quality Assurance

We maintain high standards of care and regularly seek feedback from clients and their families to ensure satisfaction.

Our Commitment

At Well and Able, we are dedicated to:

- Promoting independence and dignity
- Enhancing quality of life
- Providing peace of mind for families
- Delivering person-centred care with compassion and respect



Domiciliary care FAQs

- **What does domiciliary care mean?**

Domiciliary care is a term commonly used to define the range of services put in place to support an individual in their own home.

- **What are the advantages of domiciliary care?**

The biggest advantage of domiciliary care is that it allows your or your loved one to retain their independence in the home they know and love.

- **Who pays for domiciliary care?**

Your local authority might be able to pay some or all the costs associated with domiciliary care. However, you may have to pay for all the services yourself. Make sure you claim all the benefits you're entitled to – Attendance Allowance and Disability Living Allowance (or Personal Independence Payment) are among the most common.

- **Is domiciliary care cost effective?**

Domiciliary care can be a cost effective alternative to residential care, especially for a couple or for people who have domiciliary care on a visiting basis.

- **What are the differences between domiciliary care and residential care?**

Domiciliary care services are provided in an individual's own home, whereas residential care involves the person moving permanently into a specialist supervised establishment set up solely to provide care.





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To learn more about our domiciliary care services or to schedule a free care assessment, please contact us:

Well & Able Care

-  50 Kelling Way, Broughton, Milton Keynes, MK10 9NW
-  01908 040 348 Option 2
-  info@wellandablecare.com
-  wellandablecare.com

Request a callback

We're here to support you and your loved ones with professional, compassionate care in the comfort of your own home.

Follow us on social media

